

BAT YIFTACH
(Israel)

Choreographed by Shalom Herman

Pronunciation: BAHT yeef-TA(k)H

Music: Hadarim I, Side II, band 3. 4/4 meter.

Formation: Cpls facing CCW, W to R of ptr. W L hd in M L, her R in his R at shoulder height (Varsouvienne pos).

| <u>Cts</u> | <u>Pattern</u> |
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| 4 meas | <u>Introduction.</u> |
| | <u>PART I.</u> |
| 1-4 | Step fwd R; bend; step fwd L; bend. |
| 5-8 | Brush R fwd, hop on L; jump on both ft; hop on L |
| 9-12 | Repeat cts 1-4. |
| 13-16 | Brush R fwd diag to L; hop on L; close with R; hold. |
| 17-32 | Repeat cts 1-16. |
| | <u>PART II.</u> |
| 1-4 | Run fwd R, L; jump on both ft, hop on L. |
| 5-8 | Repeat cts 1-4, Part II. |
| 9-16 | Each freeing R hd, run 6 steps CCW around ptr, start R ft; jump on both ft; hop on L. |
| 16-32 | Repeat cts 1-16, Part II, ending in double circle with M inside, all facing ctr. |
| | <u>PART III.</u> |
| | <u>W:</u> |
| 1-8 | Turn CW in place with 4 buzz steps, begin with R ft. |
| 9-12 | Turn 1/4 R and run fwd in LOD, R, L; jump on both ft; hop R making 1/2 turn L. |
| 13-16 | Run fwd in RLOD, L, R; jump on both ft; hop L making 1/4 turn R to face ctr. |
| 17-20 | Run fwd twd ctr, R, L (pass ptr L shoulder); jump on both ft, hop L making 1/2 turn R to face out of circle. |
| 21-24 | Run fwd twd ptr R side, R, L; jump on both ft; hop L. |
| | <u>M:</u> (cts 1-24) Take 6 step-bends twd ctr beginning with R ft, and 6 step-bends bkwd twd original place. Clap hds on each step. |
| 25-32 | <u>M & W:</u> R hd around ptr waist, buzz in place, with deep knee bend on ct 25. |
| 33-64 | Repeat cts 1-32, Part III. |

Presented by Shlomo Bachar